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Removal of the Sick: Simple and Easy.

By MRS. ALFRED PAINE. Hon. Associate of the Order of St. John of Jerusalem.

"Oh, dear! If only I could get into another room or the garden.'

Some time or other during their lives, most people must have heard that piteous cry, and it can be easily, practically (and what is often of the greatest importance) inexpensively answered by using a "Carrying-Sheet Stretcher." It is quite simple, with the stretcher, for men

and women of a family to move their sick

stretcher in the hall or the passage, the patient is then guite ready to be transferred either into a railway carriage, &c., or again upstairs.

Some of the patients only helpless from weakness, or illness that necessitates their always lying down, have greatly benefited by the daily change into another room or the garden; others were severe and dangerous cases of illness. whose removal to the hospital was their only chance, and, alas, the stretcher has sometimes been used to take home from there cases for which no more could be done, and who l.ad begged to spend their last months or days at home.

THE CARRYING-SHEET STRETCHER.

A sheet made of pliable and strong brown or



READY TO BE MOVED.

member anywhere, as can be best explained by the following illustrations and their notes.

The writer has had a long and varied experience in this work, and the illustrations only show what has been really carried out in all Up and down cottage stairs, kinds of places. some so twisted and narrow that it seemed almost hopeless to think of such a thing, by railway (in third-class carriages), in landaus (open or closed), by steamer, &c.; one case all the way from Killarney to London, and also, of course, in connection with a regular ambulance van or litter. In all these cases the patient is always carried downstairson the Carrying-Sheet Stretcher, and that being laid on the regular

white canvas (sailcloth is really best) about 6 ft. 4 to 6 in. long, and 2 ft. 4 to 6 in. wide, with brass eyelet-holes all round (twelve each side and six each end), through which is passed a soft and strong cotton rope, knotted at each eyelet hole on the wrong side, leaving sufficient rope on the right side to make a loop handle, being careful that as the rope is carried from eyelet-hole to eyelet hole on the wrong side it is only left just as long as the canvas. the loop being on the right side to be grasped as a handle when carrying, and through which the bamboo poles are threaded. The great advantages of this Carrying-Sheet Stretcher over all other stretchers (especially where wernen



